

Worksheet 3B  
**HOW THE SMALL THINGS ADD UP**

**HABIT 1**

Habit: \_\_\_\_\_  
\_\_\_\_\_

Cost: \$ \_\_\_\_\_  
\_\_\_\_\_

Times per month: \_\_\_\_\_  
\_\_\_\_\_

Cost per month: \$ \_\_\_\_\_  
\_\_\_\_\_

Cost per year: \$ \_\_\_\_\_  
\_\_\_\_\_

**HABIT 4**

Habit: \_\_\_\_\_  
\_\_\_\_\_

Cost: \$ \_\_\_\_\_  
\_\_\_\_\_

Times per month: \_\_\_\_\_  
\_\_\_\_\_

Cost per month: \$ \_\_\_\_\_  
\_\_\_\_\_

Cost per year: \$ \_\_\_\_\_  
\_\_\_\_\_

**HABIT 2**

Habit: \_\_\_\_\_  
\_\_\_\_\_

Cost: \$ \_\_\_\_\_  
\_\_\_\_\_

Times per month: \_\_\_\_\_  
\_\_\_\_\_

Cost per month: \$ \_\_\_\_\_  
\_\_\_\_\_

Cost per year: \$ \_\_\_\_\_  
\_\_\_\_\_

**HABIT 5**

Habit: \_\_\_\_\_  
\_\_\_\_\_

Cost: \$ \_\_\_\_\_  
\_\_\_\_\_

Times per month: \_\_\_\_\_  
\_\_\_\_\_

Cost per month: \$ \_\_\_\_\_  
\_\_\_\_\_

Cost per year: \$ \_\_\_\_\_  
\_\_\_\_\_

**HABIT 3**

Habit: \_\_\_\_\_  
\_\_\_\_\_

Cost: \$ \_\_\_\_\_  
\_\_\_\_\_

Times per month: \_\_\_\_\_  
\_\_\_\_\_

Cost per month: \$ \_\_\_\_\_  
\_\_\_\_\_

Cost per year: \$ \_\_\_\_\_  
\_\_\_\_\_

**TOTAL**

Habit 1: \$ \_\_\_\_\_

Habit 2: \$ \_\_\_\_\_

Habit 3: \$ \_\_\_\_\_

Habit 4: \$ \_\_\_\_\_

Habit 5: \$ \_\_\_\_\_

**TOTAL AMOUNT: \$** \_\_\_\_\_